

**Directions to
Triangle Wellness 182 Wind Chime Ct, Raleigh, NC 27615
919-847-3555**

1. From Durham or from I-540:

Take I-540 from I-40 to Six Forks Road (Exit 11). Take Six Forks Road south. You will go through 5 stoplights: 1-Lead Mine, 2-Strickland, 3-Forum, 4-Sawmill, and 5-Newton Road. After the light at Newton Road, you drive down a slight decline then up a hill. The next light is Wind Chime Court, turn left. (Approx. 3 miles)

At the end of the street is a Cul de Sac , go straight up the driveway and turn immediately right. We are in the second building in on your left, Suite 203.

2. From Chapel Hill: Take I-40 E to Exit 283 I-540. Directions continued in #1 above.

3. From I-85 South or I-40 West or Southwest of Raleigh: Stay on I-440 when these two interstates split. Take Exit 283, I-540. Directions continued in #1 above.

4. From I-95 South or I-40 East of Raleigh: Take I-40 to Raleigh. Take I-440 N around Raleigh to Six Forks Road N. Take Six Forks Road 2 1/2 miles to Wind Chime Court. You will pass busy intersections at Millbrook Road and Lynn/Spring Forest Road. Turn right at Wind Chime Court. (Just before Wind Chime Court, you will pass Wood Bend Road on your right)

At the end of the street is a Cul de Sac , go straight up the driveway and turn immediately right. We are in the second building in on your left, Suite 203.